

Books To Read, Sites To Explore

About the adoption process

- **The Adoption Guide by Adoptive Families Magazine**

A terrific starting point for families considering adoption, the Adoption Guide is a detailed introduction to the adoption process and adoption issues. This timely resource is printed yearly, so it never gets out of date. New articles appear in each yearly issue.

<http://www.theadoptionguide.com/>

- **Dear Birthmother by Kathleen Silber**

This book on open adoption, recommended by the Child Welfare League of America, has been updated to reflect current practices. It provides specific and practical suggestions about beginning and maintaining an open adoption. It also contains actual letters written between adoptive families and birthparents. *Dear Birthmother* will help you carefully consider the issues involved in adoption.

About raising and caring for adopted and foster children

- **The Connected Child by Karyn Purvis and David Cross**

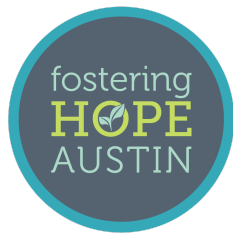
Welcoming adoptive children into your family--and addressing their special needs--requires care, consideration, and compassion. *The Connected Child* will help you: Build bonds of affection and trust with your adopted child -- Effectively deal with any learning or behavioral disorders --Discipline your child with love without making him or her feel threatened

- **The Whole Brain Child by Daniel J. Siegel, M.D. and Tina Payne Bryson, Ph.D.,**
This book offers twelve revolutionary strategies to nurture your child's developing mind.

- **Twenty Things Adopted Kids Wish Their Adoptive Parents Knew by Eldridge, Sherrie**

A guide to emotions of the adoptee and ways adoptive parents can allay feelings of fear, abandonment and shame.

- **Empowered to Connect** www.empoweredtoconnect.org One of the most comprehensive sites on parenting children from hard places. The site has videos, articles, downloadable study guides and podcasts on the most current intervention strategies for children with trauma.



About Fostering

This is a listing of podcasts from a family who has great insight and experience on being foster care parents.

Don't You Get Attached?

<http://fosterpodcast.com/2007/10/06/episode-4-dont-you-get-attached/>

40 Reasons We're Adopting Through Foster Care

<http://fosterpodcast.com/episode-50-forty-reasons-were-adopting-through-foster-care/>

A Conversation for Christians

<http://fosterpodcast.com/episode-61-conversation-christians/>

All the Dirt on Foster Parenting... And Why You Should Still Do It

<http://fosterpodcast.com/2011/10/26/episode-109-dirt-foster-care/>

<http://jasonjohnsonblog.com/#theblog>

About transracial and special needs adoptions.

- **In Their Own Voices by Rita J. Simon and Rhonda M. Roorda**

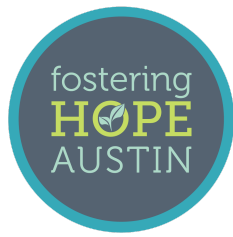
A collection of about 20 interviews with adult transracial adoptees about their experiences growing up and their perspectives on being transracially adopted.

- **Black Baby White Hands: A View from the Crib by Jaiya John**

"A black man's memoir of being raised by white parents."

- **<http://special-needs.adoption.com>**

A website providing questions to consider if you are considering adopting a special needs child.



Austin Local Resources

Fostering Hope Austin (FHA): www.fosteringhopeaustin.org

Building stronger adoptive and foster families through training, mentoring and church ministry development.

Families for Russian and Ukrainian Adoptions (FRUA): <http://www.frua-austin.org/>

A nonprofit support network for adoptive families with children from the former Soviet Republics and neighboring countries.

Families with Children from China (FCC): <http://www.main.org/fccaustin/>

A parent-to-parent resource network that provides support for Central Texas families who have adopted from China, are in the process of adopting from China, or are interested in learning about adoption from China.

Austin Ethiopia/Africa Adoptions Facebook Group

All Austin and surrounding area families who have adopted from, are adopting from, or are considering adopting from Ethiopia or other African countries are welcome to join this group. The aim of this group is to help those in the adoption process, support our children and their birth culture and build community .

Central Texas Attachment and Trauma Center: <http://centraltexasattachmenttrauma.com/>

The Central Texas Attachment & Trauma Center is a group of independently practicing therapists who specialize in guiding their clients toward connection and healing. All of our therapists specialize in attachment and trauma treatment for children and families who have experienced any abuse, neglect, medical trauma, or significant separation from a caregiver.

Austin Stone Counseling Center: <http://austinstonecounseling.org/>

The Austin Stone Counseling Center's mission is to glorify God by providing gospel-centered counseling for individuals, couples, and families in the church, the city, and around the world. It is our belief that true and lasting change happens as people encounter the person of Christ and begin to apply the gospel to their hearts through the power of the Holy Spirit.

Parenting Across Color (PAC): <http://parentingacrosscolor.com/>

Parenting Across Color (PAC) is dedicated to educating and supporting adoptive families comprised of Caucasian parents and Black children, many of whom have spent time in the foster care system. Our goal is to assist families in raising strong, confident children who are comfortable in their own skin. PAC focuses on education, community building, adoption support, collaboration and advocacy.



Austin Counsel on Adoptable Children (COAC): <http://www.austin-coac.org/>

Open to those who have adopted and those considering adoption. There is free child care provided. The meeting begins at 6:30pm on the second Monday of the month.

Adoption Knowledge Affiliates (AKA): <http://www.adoptionknowledge.org/>

Whether you're seeking to form a family through adoption, seeking information about family members you have been disconnected from or just seeking knowledge about the lifelong issues in adoption, AKA provides helpful information through educational resources, on-going programs, and emotional support.

Center for Relational Counseling: www.relationalcare.org

The Center for Relational Care (CRC) helps marriages, families, and single adults experience deeper, more meaningful relationships with God and one another. The CRC is also the focal point for further development of Intimacy Therapy, a Christian counseling model developed by Dr. David Ferguson, and the Accelerated Relational Care (ARC) Process.